

SHAC Meeting: Mental Health

BIS Conference Room

September 29th, 2021

5:00 P.M.

Introductions

Present Members: Sydney Hertel (Chairman), Christy Haddox (Co-Chairman), Rebecca East, Tabatha Smith, Josette Escobar, Ellen Fulton, Alyssa Contreras, and Joy Howard

Purpose of SHAC

SHAC supports students in the district in means of health and wellness. SHAC assists in promoting school wellness while auditing and ensuring that the district has the required programs in place to support all students. Members were provided with information from the Texas Health and Human Services and Texas Department of State Health Services to read through.

Mental Health/Counseling Services in BISD

-Senate 11 & TEC 28.002 Information

The state is going to start making sure that school districts are going to make sure that mental health is accounted for and has a plan to follow through on making sure that mental health and behavioral health are addressed state wide. TEC 28.002 addresses having a curriculum for mental health along with suicide prevention is required in the school district.

-Elementary Counselor with Character Lessons

Mrs. Tabatha Smith spoke on the character lessons that she integrates within the school day. She mentioned that BISD is partnering with Region 16 on getting those lessons provided for the elementary counselors to pull classes to go over those. Mrs. Sydney Hertel presented information from Ms. Angie Ferguson, the Paul Belton/Gateway counselor, provided, with it being similar to what Mrs. Tabatha Smith does. Mrs. Sydney Hertel also mentioned that the counselor at BIMS pulls specific students based on

teacher/admin/student request for individual and/or group counseling along with lunch groups.

-CATR-TCHAT

This is a counseling service that students 4th grade to 8th grade have access to outside of the school day and during the summer. School counselors have been trained on the program and can refer when needed.

-Dial Care

This is another counseling service that students have access to outside of school day and during the summer time for students 6th grade to 12th grade.

Ellen Fulton with AMAYS

Ms. Ellen Fulton is with AMAYS, which is Angela's Mission Against Youth Suicide. They are a program starting up in Hutchinson County that has a purpose of providing programs about suicide awareness and prevention to middle and high school students. Ms. Fulton touched on wanting to create a curriculum that goes along with TEC 28.002 that would fit suicide prevention that starts from early ages up through high school potentially. We discussed maybe having our counselors partner with AMAYS to create something that the Board could potentially adopt in the future. On October 16th, AMAYS will have a 5k to promote awareness for suicide. Members all said they would like to support or participate. Ms. Ellen Fulton said she would email out details that we could potentially push out to BISD schools to get more participation.

Future Agenda Items

Next meeting November 30th.

Next discussion: Child Nutrition

Try to look at an earlier meeting time.