## SHAC Meeting: Mental Health BIMS Media Center September 29<sup>th</sup>, 2022 2:00 P.M.

2:12 - Meeting called to order

Minutes from prior meeting accepted

Introductions - we are in need of members

Tabled: Assign officers when parent recruitment is conducted

Plan Future Meeting: Two in the fall and 2 in the spring (Possibly Nov, Jan, March)

Review/Modify/Accept Bylaws to be brought before the board of trustees @ 2:28 pm 8 accepted and no one opposed

- 2 parent representatives per campus
- 3 students on the committee from BHS/BMS
- Present list of members to school board in November
- Update Wellness Plan throughout year

Review Wellness Plan from the previous year @ 2:30 pm approved from committee

Open discussion/Questions

- Fun Run TCY info tables, coach representatives for Beast Camp
  - Prizes to raffle that promote fitness
  - Nature Trail location (Include City of Borger on Earth Day April 22)
- SHAC shorts to post on social media through Rebecca Calder (Conversation topics)
- Booth at Back to School Fair 2023-24
- Nurse Cano- UT SPAN Project (monitoring student BMI)