

SHAC Meeting

Meeting: School Health Advisory Committee
Date: January 27, 2023
Location: BIMS Media Center
Time: 2:00 pm
Chairperson: Judy Riggle, Assistant Principle of BMS

- I. Meeting called to order by Ms. Riggle at 2:06 PM.
- II. Notice that Golden Plains Community Hospital will give free physicals to students during the 2023-2024 school year. Ms. Riggle will contact Mr. Bates to ensure students can receive their physicals in May and July before summer and fall training start. Committee members also pointed out that students can receive free physicals at local clinics with their wellness checks.
- III. SHAC shorts will begin again in February with material previously given to Ms. Riggle.
- IV. Get up and _____ event coming April 22nd from 9AM-12PM. City of Borger will provide their facilities including use of Johnson Park Youth Center, disc golf, hiking trail, geocaching, skate park and 3v3 tournaments inside. The Dome will also be used for booths and to host extracurricular mini classes. We will have access to the kitchen to store and prepare snacks. All agreed nothing can sold at event, only advertised or given away for free. Need a map for event set up and schedule. Favela and Riggle will create a flyer and Facebook group for the event. Also, they will set up a Remind group text for planning.

- V. Committee sign-ups for Get up and ____ event. Committees; 5K race, snacks, prizes, donations, community outreach, and t-shirts.
- VI. Committees stayed after meeting for break out planning.
- VII. Meeting adjourned by Ms. Riggle at 2:28